



THE DRUG TREATMENT CENTRE BOARD

Annual Review

2009



providing



adapting



nurturing



developing



leading



informing

mission

To provide an integrated, person centred, specialist addiction service, supported by best practice and national leadership in academic excellence.

vision

As the largest and longest established national addiction treatment (Day) centre in the country, our aim is to continue providing a broad range of specialist treatments for a variety of drug using populations and those requiring specialist psychiatric, psychological, social and medical interventions. We also aim to:

- continue improving and developing the services we offer in the treatment of substance misuse
- contribute to drug treatment policy and
- act as a key resource and training centre for professionals working in the area of substance misuse.

As a specialist service we contribute to forward thinking policies for the treatment, prevention, education, rehabilitation, aftercare, and the development of adequate programmes of care for those affected by substance misuse.

In collaboration with educators, other statutory, voluntary and community agencies, we strive to foster a spirit of independence and choice amongst clients, developing and promoting best practice in therapeutic and clinical treatments.

Research is an integral part of assessing the effectiveness of existing practices and appropriate policy development. We support this by producing data on evidence-based research. Our specialist service also provides evidence-based practice which supports insight into the effectiveness of current treatments and best practice within the addiction field. As such, and as a hub of addiction services, we aim to lead and inform on best practice and to contribute to drug treatment policy.

about

The Drug Treatment Centre Board (DTCB)

The Drug Treatment Centre Board, formerly known as The National Drug Advisory and Treatment Centre, was established in 1969 and is the longest established treatment service in the country. It was originally located at the 'Charitable Infirmary', Jervis Street Hospital, Dublin 1, established in 1718. The current Chairman of The Drug Treatment Centre Board, Mr. Denis McCarthy, is from a family with a history of involvement since 1909. At the end of 1987, Jervis Street Hospital closed. The Drug Treatment Centre Board was set up by statutory instrument in 1988 and moved to new premises at 30 – 31 Pearse Street, Dublin 2. We receive our funding from the Health Service Executive.

We are committed to providing effective, high quality and client focused treatment. This is provided in a caring, professional manner, taking account of the individual needs of our clients within a multidisciplinary setting. We offer guidance and training to other professionals working in the area of substance misuse and contribute to policy development in addiction management.

In partnership with other statutory and voluntary agencies, The Drug Treatment Centre Board provides prevention, treatment, rehabilitation and aftercare programmes on an out-patient and in-patient basis in order to minimise the harmful effects of drug addiction and prevent the spread of HIV and other infectious diseases.

Out-patient treatment facilities are provided on-site. In-patient detoxification facilities are located at St. Michael's Ward, Beaumont Hospital, Dublin (10-bed unit) and Cuan Dara, Cherry Orchard Hospital, Dublin (17-bed unit).

In addition we provide a National Drug Analysis Laboratory service which supports treatment policy, monitors trends and supports service planning and best practice in the treatment, care and management of drug misuse. Our research supports evidence based practice in drug treatment policy and clinical developments.

Specialist Clinical Services on-site include:

General Medical and Psychiatric Assessment

- Dual Diagnosis Clinic
- Adult Attention-Deficit Hyperactivity Disorder (ADHD) Clinic
- On site Hepatitis C Treatment Service
- Prevention and Treatment of Viral Infections
- Primary Care Services
- Sexual Health Clinic
- Liaison Midwifery Services
- Treatment Programmes – Polysubstance misuse
- Young Persons Programme (YPP) (18 years and under)
- Advisory services to other professionals

Other Services

- Counselling and Family Support Services
- Social Work Services
- Specialised groups for cocaine and alcohol misuse
- Welfare Services
- Complementary Therapies
- Outreach Services
- In-House Play Room Services
- Literacy Classes
- Research
- Central Treatment List
- National Drug Analysis Laboratory
- Occupational Health Services

Board Members - 2009

Mr. Denis McCarthy	Chairman
Mr. Dan McGing	Board Member
Mr. Frank Fagan	Board Member
Prof. Joseph Barry	Board Member
Dr. Íde Delargy	Board Member
Prof. Kieran Taaffe	Board Member
Mr. Liam O'Brien	Board Member
Dr. John O'Connor	Board Member
Dr. Siobhan Rooney	Board Member
Ms. Alice O'Flynn	Board Member

Services

	2009
Number of individuals who received services	1,887
Number of related attendances	110,846

Number of Clients who Received in-patient Medical Management in 2009

In-Patient Facility	No. of Clients
St. Michaels Ward, Beaumont Hospital	153
Cuan Dara, Cherry Orchard Hospital	143
Total	296

Gender profile for cases assessed or treated at the Drug Treatment Centre Board in 2008 & 2009

	2009	
Gender	Count	%
Male	768	70.9
Female	315	29.1
Total	1083	100.0

Source: National Drug Treatment Reporting System, Alcohol and Drug Research Unit, Health Research Board

Age profile for cases assessed or treated in 2009

	2009	%
17 years and under	17	2
18-19	22	2
20-24	126	12
25-29	263	24
30-34	259	24
35-39	213	19
40-44	102	9
45-49	63	6
50 years and over	18	2
Total	1083	100

Source: National Drug Treatment Reporting System, Alcohol and Drug Research Unit, Health Research Board

Living status of cases assessed or treated in 2009

	2009	
	Count	%
Living status		
Stable accommodation	714	66
Institution (prison, residential care, halfway house)	11	1
Homeless	248	23
Other unstable accommodation	88	8
Not known	22	2
Total	1083	100

Source: National Drug Treatment Reporting System, Alcohol and Drug Research Unit, Health Research Board

Main problem substance for cases assessed or treated in 2009

	2009	
	Count	%
Main Problem substance		
Ecstasy	1	0
Benzodiazepines	6	0.5
Cocaine	16	1
Opiates	1050	97
Alcohol	6	1
Cannabis	0	0
Other substances	4	0.5
Total	1083	100

Source: National Drug Treatment Reporting System, Alcohol and Drug Research Unit, Health Research Board

Source of Referral 2009

Source of Referral	2009	
	Count	%
Self	329	30
Family	24	2
Friends	3	0
Other Drug Treatment Centre	302	28
General Practitioner	76	7
Hospital/medical agency excluding A&E	114	11
Social Services	9	1
Court/probation/police	4	0
Outreach Worker	31	3
Mobile Bus	5	0
School	0	0
Prison	146	13
Employer	0	0
Mental Health Liaison Nurse at A&E	2	0
A&E other	4	0
Mental Health Facility (including Psychiatrist)	0	0
Not known	34	3
TOTAL	1083	100

Age profile for cases aged 19 years and under assessed or treated in 2009

Age	2009
17 & Under	17
18-19	22
Total	39

Source: National Drug Treatment Reporting System, Alcohol and Drug Research Unit, Health Research Board

Central Treatment List

The Central Treatment list (CTL) is a highly confidential database managed by the Drug Treatment Centre Board. In October 1998, specific legislation was introduced making it a requirement for clients in receipt of methadone treatment to be on the national register. The maintenance of the list complies with the provisions of the Data Protection Acts, 1998 & 2003.

In 2009 a total of **10,668** clients were in receipt of methadone treatment in Ireland.

Over the years we continue to enhance the IT system. This helps with identifying and addressing gaps in service provision having regard to evidence available. The List is also a valuable resource providing information to the National Drug Related Death Index (NDRDI). It continues to be a key mechanism to other agencies as a resource for professionals in the treatment, care and management of drug misuse nationally.

Number of Clients Receiving Methadone in Ireland Central Treatment List

Year	Total No of Clients	% +/-
2001	7107	
2002	7596	+6.88%
2003	8155	+7.36%
2004	8364	+2.56%
2005	8962	+7.15%
2006	9428	+5.20%
2007	9760	+3.52%
2008	10,213	+4.65%
2009	10,668	+4.46%

Source: Central Treatment List, The Drug Treatment Centre Board

Ethics Committee

	2009
Number of proposals considered by the Ethics Committee	12

National Drug Analysis Laboratory

The DTCLB laboratory is the leading centre for drugs of misuse testing in Ireland. With over 40 years experience, we are the largest specialist provider of drugs of abuse screening for drug treatment services nationally. We provide a nationwide service to the HSE Addiction Services, hospitals, General Practitioners, voluntary organisations, Department of Education (juvenile detention centres), the Probation Service, the Courts Service, the Medical Council, an Bord Altranais and various occupational health departments.

We are accredited by the Irish National Accreditation Board (INAB) to ISO/IEC 17025 standard. Analytical techniques used by the laboratory include Immunoassay, Liquid Chromatography – Mass Spectrometry (LC-MS), Gas Chromatography- Mass (GC-MS) and Enzyme-Linked ImmunoSorbent Assay (ELISA).

Our range of routine confirmatory analysis in urine includes Opiates, Zopiclone, Benzodiazepines and Buprenorphine. A method to screen for “Head Shop” drugs and Amphetamines was developed. Methods are also in place for the analysis of, Crack Cocaine, Mirtazepine and Olanzapine.

Analyses performed by the National Laboratory in 2009

Screening	Sample Numbers 2009
Total no. of urine samples screened by immunoassay	161,660
Total tests (screens by immunoassay)	1,029,946
Blood Methadone levels (ELISA)	139
Total immunoassay screens	1,030,085

Confirmatory Analysis	Sample Numbers 2009
Opiate differentiation by LCMS (4 drugs)	268
Benzodiazepines differentiation by GC-MS (5 drugs)	1,418
Zimovane identification by LCMS	1,019
Buprenorphine identification by LCMS	297
Headshop Drug Screen (up to 25 drugs included - approx 5,900 drugs screened for in total in 2010)	n/a
Total Samples Confirmatory Analysis	3,002

General/Psychiatric Assessments

	2009
Number of Psychiatric Assessment Appointments	505

Cocaine /Stimulant Clinic

	2009
Number of Attendances	151

We developed a cocaine / stimulant service in 2008 for non-opiate users who were not accessing existing treatment centres and who are not opiate dependent. This approach was in alignment with the relevant actions of the National Drug Strategy.

The treatment model utilised was evidence based and focused on meeting the needs of clients and their families. Referrals were accepted from a wide range of sources. The service was provided at no direct cost to the service user.

Walk in Initial/Emergency Services

	2009
Number of walk-in initial assessments	166

Children's Play Room

	2009
Number of visits to the play room	1912

Student Placements

	2009
Number of student placements	149

Nurse Prescribing

	2009
Number of nurse prescribers*	2

**The Drug Treatment Centre Board was first to qualify a nurse prescriber in the field of addiction.*

Counselling

	2009
No of attendances for Counselling services	3,140

Social Work

	2009
No of attendances for Social Work services	6,574

Welfare Service at the Drug Treatment Centre Board

	2009
Housing /Accommodation	635
Med Cards/Travel	170
Special/Dietary AI	87
Gen Services	504
Total	1396

Finance

The finance department manages the annual allocation of HSE funding on behalf of the Board. The department ensures the timely payments to suppliers and monthly payroll to staff. The department is also responsible for procurement of supplies in line with best practice. Finance ensures accurate reporting and cost control are maintained by production of reports including monthly accounts, annual financial statements and budgets. Variance analysis and commentary is periodically provided to the Chief Executive Officer and the DTCB Board of Management.

Financial Statements

The financial statements for the year ended 2009 show a total income of €10,034,165 of which €9,373,029 was the grant allocation from the Health Service Executive (HSE).

The 2009 Financial Statements show a surplus of €91,022 in the year.

Prompt Payment of Accounts Act (1997)

It is the policy of our Board to comply with the Prompt Payment of Accounts Act (1997). The Drug Treatment Centre Board has systems and procedures to ensure full implementation of the provisions of the Prompt Payments of Accounts Act (1997). Specific procedures are in place to enable the tracking of all transactions and payments in accordance with the terms of the Act and the relevant outputs from the accounting system are kept under continuous review. The Board's procedures, which conform to accepted best practice, provide reasonable, but not absolute assurance, against non-compliance with the Act. It is also our practice to review and to take appropriate action in relation to any incidents of non-compliance that may arise. In 2008 the Board fully complied with the provisions of the Act and we are pleased to report that the Board was not liable for any interest payments to creditors.

The Drug Treatment Centre Board
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